

Program Description

Keep It Simple: Unclutter Your Mind To Uncomplicate Your Life

Joe's newest book of the same title, *Keep It Simple* is an immediately impactful presentation that shows people how to look at their work and their lives with new eyes, simplify, and get clarity on what is most important.

Almost everyone frequently finds themselves thinking "I'm making this way more complicated than it needs to be." Over-thinking and over-complicating things scatters our efforts, slows us down, and makes for bad decisions.

When you *Keep It Simple*, you immediately improve your productivity, increase your effectiveness, reduce stress, and create a better life.

You will learn.....

- How limiting your choices to only the best ones leads to better decisions.
- How the most successful people choose to see their work as being simple, while those who struggle see their work as being incredibly complicated.
- How to focus on what is mission critical and disregard distractions.
- How "letting go" creates almost unlimited opportunity.
- How the "Seven Truths" can help you create success in your business and your life.
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Keep It Simple gives participants the chance to slow down, take a deep breath, and look at their work and their lives in a way that empowers and energizes them. Learn how to escape the constant tyranny of "too much to do" and realize that we all have ample time to do those things that matter most.