



## **Lisa McLeod Program**

### **Forget Perfect - How to Bring Purpose and Happiness into the Life You've Already Got**

Based on Lisa's popular book, *Forget Perfect*, this touching humorous program is for every woman who has put herself last on her own priority list. A huge hit with philanthropic organizations and volunteer groups, in this speech Lisa reveals:

- Why trying to be perfect doesn't make people like you more, it makes them like you less
- Why striving for perfection creates misery, but having a purpose creates happiness
- The meaning of life in two words (no joke)
- How to enjoy your life even if your house is a mess, your abs are flabby, and you don't have greeting-card perfect kids
- Why your regular old life can be a special occasion if you let it

"Forget Perfect" formats: keynote, virtual keynote