

## **Andy Core Program Description**

### **Step Up:**

How to motivate yourself and others to lead with or without a title

It takes a lot to step up and lead when you don't have "formal authority." It is risky, takes a lot of energy and takes time away from your to do list. Is it worth it? You bet, and here is why:

- Leading boosts meaning (Several studies show taking a more "Meaningful Orientation" at work is the #1 way to increase your energy at work)
- Leading boosts collaboration (Several studies show taking a "Collaborative Orientation" at work is the #2 way to increase your energy at work)
- Leading boosts learning (Several studies show taking a "Learners Orientation" at work is the #3 way to increase your energy at work)

Leading with or without a title is not only a win for your organization, it is a big win for you, your employees and your career. This program will outline the top 3, evidence based ways you can lead more, accomplish more and enjoy work more no matter what your title says.