

## Carisa Findley Testimonials

"Wow what an incredible experience having Carisa Findley live for our conference. The 400 plus business partners walked out feeling as though they could take their business to the next level."

### **Tyler Moore**

SVP, Wellbiz Brands

"I was looking for the tools and resources for our company to live out a successful business lifestyle with abundance, humility, peace, and service. We received that and even more with Carisa's energy, grace, and resources. What Carisa gave our company will live with us forever and that means Carisa added to our company culture. What can be better than that!"

### **Tom Pabin**

Founder and CEO, Class 101

"Carisa was a highlight of our event! She managed to make a virtual speaking engagement just as interesting and fun as an in-person presentation. Carisa is a very clear communicator, with easily digestible ideas that are inspiring and action-oriented. Our attendees left with new ideas and a sense of purpose."

### **Jill Rittersbacher**

Knowledge Management, University of Colorado Anschutz Medical Campus

"Carisa Findley's 'Best Life Formula' was the absolute perfect virtual event for my company's women's group, Women@Rust-Oleum. Centered on mindfulness, Carisa presented practical, yet powerful, tools to help us live our best lives.

The combination of mindset, exercise, and meditation practices really hit home with participants. She showed us that simple, purposeful steps can take us from a life on auto pilot to our most extraordinary one!

Participants found her compelling, engaging, motivating, humorous and real.

Carisa was extremely easy to work with and really listened to and achieved the goals I wanted for the session. She's an expert in mindfulness and delivered the content in a very approachable and easy to understand way.

The "Best Life Formula" is applicable to any

gender/ age/occupation regardless of experience with exercise or meditation.

I highly recommend Carisa to any group looking for an energetic speaker with life-relevant content. You will be overjoyed with the results!"

## **Ashley O'Donnell**

Vice President, Commercialization and Strategy, Rust-Oleum