

## **Helene Segura Program: Rubik's Cube Your Life**

### **Description:**

In March of 2020, the United States moved into various forms of sheltering in place, which meant working from home, furloughs or shutdowns. The phrase we heard back then was “when things return to normal.” As you’ve learned, it will be many months – if ever – that we go back to the way things were. In this new era of constant changes, how do you plan your days, juggle professional and personal priorities, and pivot daily with constant changes?

### **Take-aways:**

- Discover the secrets to triaging requests more efficiently
- Create a daily or weekly schedule that allows you to pivot on a dime
- Get things done despite being called on to “put out fires”
- Morph your time at any given moment

Have your calendar on hand because you’ll be implementing your take-aways during our session!